



Buying Guide

The Best Winter Hiking Gear by Nike

Stay warm and dry on winter hikes with gear designed to help you trailblaze.

100K

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Don't let snow or chilly temperatures stop you from trekking. Winter hikes can be peaceful — and you're likely to find the trails less crowded than they are in the peak summer months.

If you have the proper winter hiking gear to stay warm, you can enjoy a hike almost any time of year. As with any hiking adventure, be sure to make a plan in advance and take safety precautions before heading out into the wilderness: Check the forecast to prepare for the weather conditions, plan to be back before dark, hike with a friend or, if hiking alone, let a friend know where you're hiking.

Read on for the top winter hiking gear essentials by Nike.

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8 Winter Hiking Gear Essentials From Nike

1. Waterproof Trail Shoes

Proper footwear is essential for any hike, especially in inclement conditions. Invest in a waterproof pair of kicks that will keep your feet dry, comfortable and protected from the elements. By keeping out moisture, you'll avoid cold, soggy feet that can lead to blisters and ruin an otherwise beautiful hike.

Nike trail shoes made with a GORE-TEX outer layer that will keep out water — and some feature an additional gaiter at the collar to keep extra debris from getting inside the shoe. And in any shoe in the Nike trail running collection, you'll find supportive midsole cushioning and durable traction on the sole to help grip onto slick surfaces.

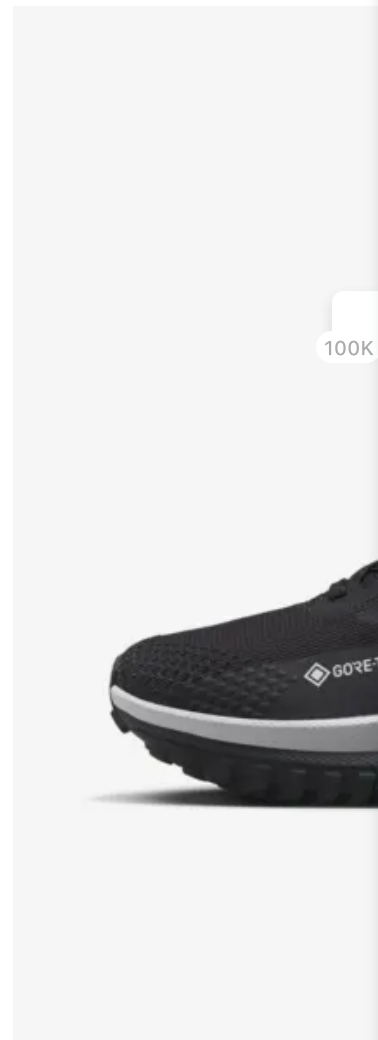
(Related: [The Best Nike Shoes to Wear Hiking](#))

Shop Nike GORE-TEX Shoes

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Nike Pegasus Trail 3 GORE-TEX
Women's Waterproof Trail Running Shoes
\$160



Nike Pegasus Trail 4 GORE-TEX
Women's Waterproof Trail Running Shoes
\$160

2. Warm, Moisture-Wicking Socks

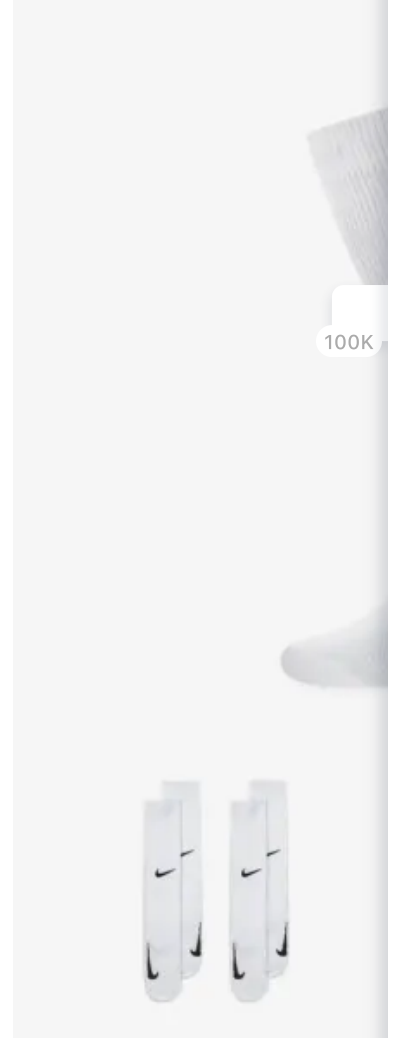
Picking the right winter hiking boots or shoes is only half the battle. Be sure to pair hiking shoes with a durable pair of moisture-wicking socks to keep feet dry. Cushioned Nike Dri-FIT socks — like the Nike Everyday Plus Cushioned Crew Socks — offer a snug, supportive arch band and a breathable, knit pattern on top for ventilation, helping them dry quickly in wet conditions.

Shop Nike Dri-FIT Socks for Cold Weather

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Nike Elite Xmas
Basketball Crew Socks
\$14



Nike Swoosh
Kids' Over-the-Calf Socks
\$18

3. Breathable Nike Pro Base Layers

Keeping a comfortable body temperature on a cold hike comes down to lots of layering. In order to master the art of layering for winter hikes, it's important to start with a base item. Choose lightweight, sweat-wicking and breathable materials for an effective base layer, like those found in the Nike Pro collection.

Nike Pro long-sleeve tops feature lightweight fabric with extra breathability built into areas that tend to heat up the most, helping keep hikers comfortable and avoid overheating once the body warms up. Tons of options are available, from long sleeves with thumb holes to half-zips and more that can easily be peeled off, if needed.

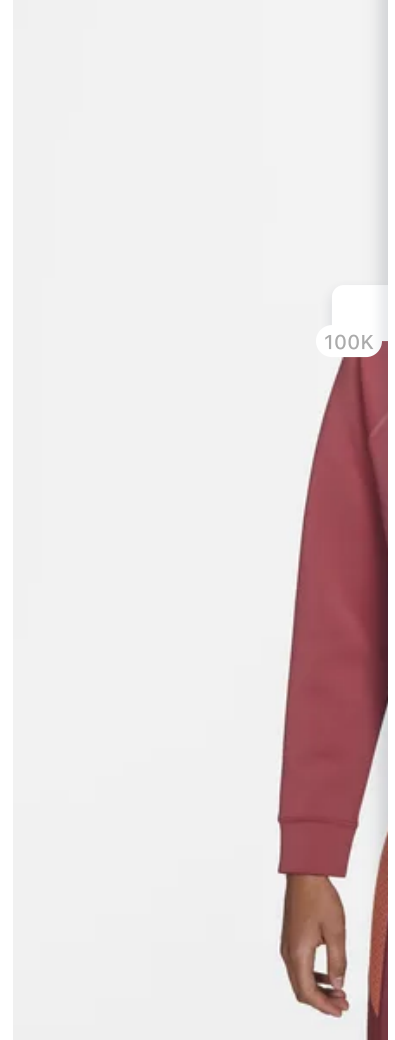
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Shop Nike Pro Base Layers

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Nike Pro
Men's Long-Sleeve Crew
\$58



Nike Dri-FIT
Women's 1/2-Zip Training
\$80

4. Nike ACG Bottoms

Tough treks call for even tougher winter hiking gear. The Nike All Conditions Gear (ACG) collection is the place to find the right pair of hiking leggings or pants for outdoor exploring. The apparel collection is made for durability and for withstanding the wear and tear of the elements — all while keeping hikers warm.

Some pieces in the collection feature Nike Dri-FIT sweat-wicking technology, and many styles are inspired by (and even named after) the great outdoors. The Nike ACG Smith Summit Cargo Pants, for example, were inspired by Smith Rock, a rock-climbing playground in central Oregon. The pants feature a woven, water-repellent fabric, tons of pockets and an elastic, high-rise waistband with a lightweight, webbed belt to help wearers adjust the fit.

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Shop Nike ACG Pants

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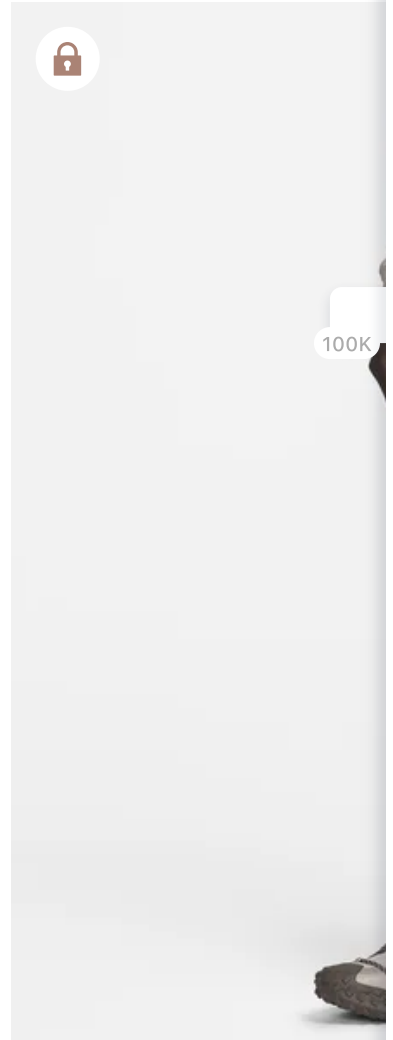


Member Access

Nike ACG Smith Summit

Men's Cargo Pants

\$195



Member Access

Nike ACG Polartec® "Wo

Women's Mid-Rise Pants

\$155

5. Nike Therma-FIT Insulated Layers

The key to layering for winter hikes is keeping out the cold without adding too much bulk. Look for lightweight, insulated layers — like Nike Therma-FIT apparel — to put over a base layer. Nike Therma-FIT fabric, which can be found in joggers, hoodies, jackets, vests and more, helps trap the body's natural heat to keep warm, without weighing down the athlete.

For snowy hikes, opt for a hooded Nike Therma-FIT jacket with water-resistant fabric for your outermost layer. And on a super chilly day, consider adding a Nike Therma-FIT hoodie between the base layer and jacket.

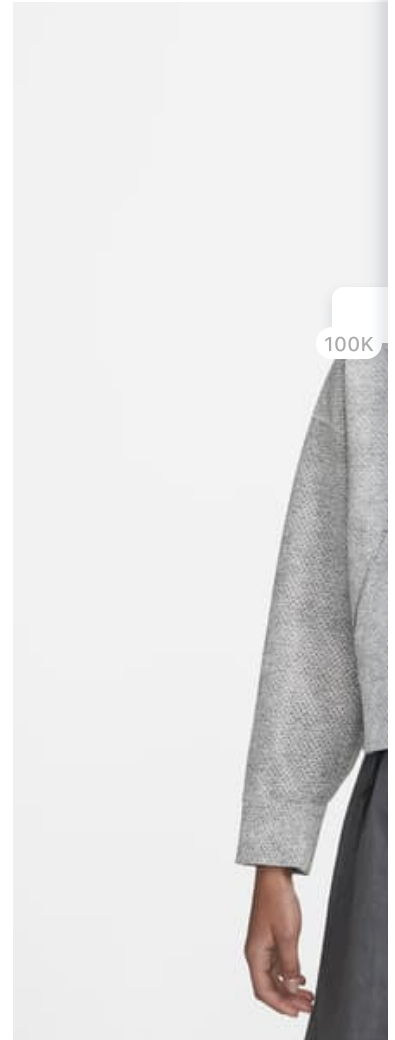
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Shop Nike Therma-FIT Layers

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Nike Therma-FIT
Men's Tapered Training Pants
\$60



Nike Forward Hoodie
Women's Hoodie
\$150

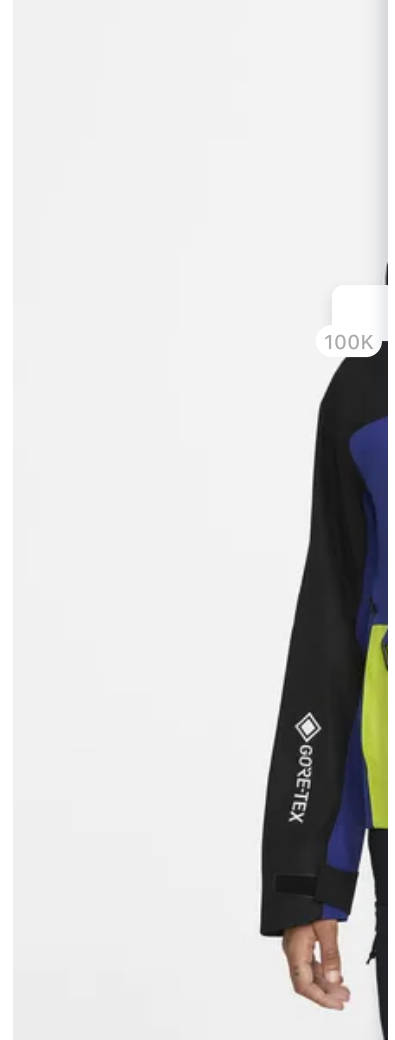
6. Nike GORE-TEX Jackets

Although many Nike Therma-FIT insulated jackets are water-resistant, if you plan to encounter especially wet conditions, consider going for an extra Nike GORE-TEX waterproof layer. These jackets will block out wind and rain, and some even come with a detachable balaclava ski mask that keeps the face covered during chilly outdoor outings.

Shop Nike GORE-TEX Jackets



Nike GORE-TEX INFINIUM™
Women's Trail Running Jacket
~~\$199~~ \$161.97



Nike ACG GORE-TEX "Mi"
Women's Shell
~~\$450~~ \$220.97

7. Cold-Weather Accessories

A knit, cold-weather staple like a beanie is a key part of the essential winter hiking gear list. Find Nike beanies in a wide range of colors and fabrics that'll keep your head warm and snug.

And, pay the same attention to the neck, hands and eyes with gloves, neck gaiters and glasses built for cold-weather activities. Nike polarized sunglasses not only help keep wind out of the eyes — they can also reduce glare from snowy surfaces.

Shop Nike Cold-Weather Accessories

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Nike ACG "Happy Arachnid"

Printed Neck Wrap

\$30

Nike Shield Phenom

Men's Running Gloves

\$50

8. Daypack or Backpack

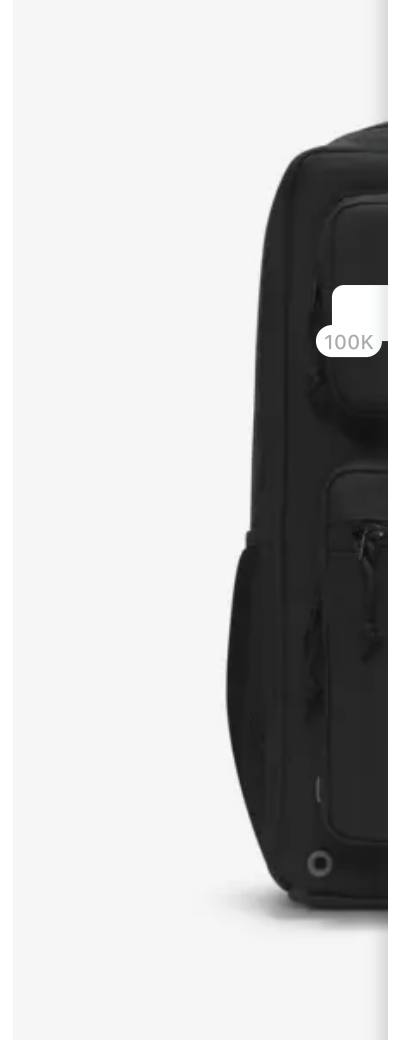
From neck warmers and gloves to sunglasses and water bottles (Note: Even if it's cold, don't forget to hydrate), you may need a roomy and convenient place to stash all that gear. Find large backpacks with padded support and tons of space meant for longer treks, or mini, compact backpacks for when you might not need to tote as much gear.

Shop Nike Backpacks

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Nike Heritage
Eugene Backpack (23L)
\$50



Nike Utility Speed
Training Backpack (27L)
\$75

Words by Emily DiNuzzo

Get Outside with Nike ACG

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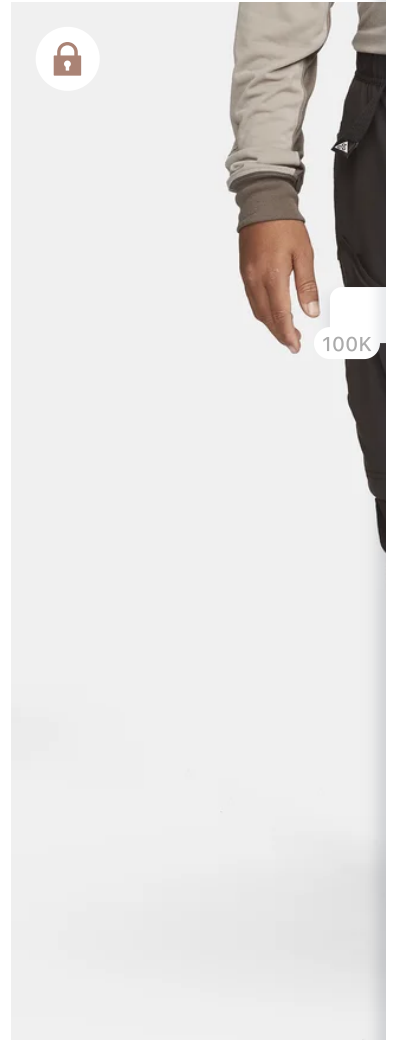


Member Access

Nike ACG Therma-FIT "Wolf Tree"

Men's Pullover Hoodie

\$155



Member Access

Nike ACG Smith Summit

Men's Cargo Pants

\$195

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